<u>1 Sam 2.1-10</u>

Hannah prayed and said, "**My heart exults in the LORD; my strength is exalted in my God**. My mouth derides my enemies, because I rejoice in God's salvation.

"There is no Holy One like the LORD, no one besides you; there is no Rock like our God.

Talk no more so very proudly, let not arrogance come from your mouth; for the LORD is a God of knowledge, and by him actions are weighed.

The bows of the mighty are broken, but the feeble gird on strength.

Those who were full have hired themselves out for bread, but those who were hungry are fat with spoil. The barren has borne seven, but she who has many children is forlorn.

The LORD kills and brings to life; he brings down to <u>Sheol</u> and raises up.

The LORD makes poor and makes rich; he brings low, he also exalts.

He raises up the poor from the dust; he lifts the needy from the ash heap, to make them sit with princes and inherit a seat of honor. For the pillars of the earth are the Lord's, and on them he has set the world.

"He will guard the feet of his faithful ones, but the wicked shall be cut off in darkness; for not by might does one prevail.

The LORD! His adversaries shall be shattered; <u>the Most</u> <u>High will thunder in heaven</u>. The LORD will judge the ends of the earth; he will give strength to his king, and exalt the power of his anointed."

LUKE 1.46-55

And Mary said, "**My soul magnifies the Lord,** and my spirit rejoices in God my Savior,

for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is

his name.

His mercy is for those who fear him from generation to generation.

He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones, and lifted up the lowly;

he has filled the hungry with good things, and sent the rich away empty.

He has helped his servant Israel, in remembrance of his mercy,

according to the promise he made to our ancestors, to Abraham and to his descendants forever."

<u>2 SAM 22.1-17</u>

David spoke to the LORD the words of this song on the day when the LORD delivered him from the hand of all his enemies, and from the hand of Saul.

He said: <u>The LORD is my rock, my fortress, and my deliver</u>

<u>my God, my rock</u>, in whom I take refuge, my shield and the horn of my salvation, my stronghold and my refuge, my savior; you save me from violence.

I call upon the LORD, who is worthy to be praised, and I am saved from my enemies.

For the waves of death encompassed me, the torrents of perdition assailed me;

the cords of <u>Sheol</u> entangled me, the snares of death confronted me.

In my distress I called upon the LORD; to my God I called. From his temple he heard my voice, and my cry came to his ears.

Then the earth reeled and rocked; the foundations of the heavens trembled and quaked, because he was angry. Smoke went up from his nostrils, and devouring fire from his mouth; glowing coals flamed forth from him.

He bowed the heavens, and came down; thick darkness was under his feet.

He rode on a cherub, and flew; he was seen upon the wings of the wind.

He made darkness around him a canopy, thick clouds, a gathering of water.

Out of the brightness before him coals of fire flamed forth. <u>The LORD thundered from heaven</u>; the Most High uttered his voice.

He sent out arrows, and scattered them --lightning, and routed them.

Then the channels of the sea were seen, the foundations of the world were laid bare at the rebuke of the LORD, at the blast of the breath of his nostrils.

He reached from on high, he took me, he drew me out of mighty waters....

God, the rock of my salvation,