Some examples of "under the hand" [Hebrew, tachth yad] in the Bible

Gen 16.9	The angel of YHWH said to her, "Return to your mistress, and be under her hand ."
Gen 41.35	Let them gather all the food of these good years that are coming, and lay up grain under the hand of Pharaoh for food in the cities
Exodus 18.10	Jethro said, "Blessed be YHWH, who has delivered you from the Egyptians and from under the hand of Pharaoh .
2 Kings 8.20	In his days Edom revolted from under the hand of Judah , and set up a king of their own.
2 Kings 13.5	Therefore YHWH gave Israel a savior, so that they escaped from under the hand of the Arameans; and the people of Israel lived in their homes as formerly.
Isaiah 3.6	Someone will even seize a relative, a member of the clan, saying, "You have a cloak; you shall be our leader, and this heap of ruins shall be under your hand ."
Psalm 106.42	Their enemies oppressed them, and they were brought into subjection under their hand.